

EATING HEALTHY – role play

A: What's the matter?

B: I am so tired!

A: Did you sleep well last night?

B: Not really.

I stayed up until 1 a.m.

A: Are you crazy?

Why did you do that?

B: I was watching videos on my cell phone.

A: Are you eating well?

B: I ate a whole pizza and drank coca cola.

A: Well, I don't think that is healthy.

B: I usually don't eat dinner.

A: If you don't eat healthy foods, you will get sick.

B: You are right.

This year I have gotten sick a lot of times.

A: If you eat healthy foods, you will get the vitamins you need.

B: I will try to eat and sleep more.

A: Great!

I hope you feel better soon.

B: Thanks for caring for me.

You are a great friend!

A: You are welcome,

See you!

B: Bye!